

## What are Kupuna Care Services?

Services are intended to help older adults live independently, safely and healthy as long as possible. Call your Area Agency on Aging for more details about the following services.

**Adult Day Care:** Supervised, group, daytime setting for dependent elders

**Assisted Transportation:** Transportation with the assistance of an escort

**Attendant Care:** Helpful reminders and oversight to assist the elder with daily tasks

**Case Management:** Help to identify needs, explore options, develop care plans, and coordinate services

**Chore:** Help with heavy housework, yard work or sidewalk maintenance

**Home Delivered Meals:** Nutritious meals delivered to the elder's home

**Homemaker:** Help preparing meals, shopping for grocery and/or personal items, managing money, using telephone, and doing light housework

**KC Transportation:** Transportation with a helpful driver to assist elders

**Personal Care:** Help to clients who are unable to bathe, eat, dress, toilet, and/or transfer themselves safely

## How does Kupuna Care work?

**Kupuna Care (KC)** is a state-sponsored program to meet the needs of frail older adults who cannot live at home without adequate help from family and/or formal services.

To qualify for KC services, an individual must meet all of the following requirements:

- U.S. citizen or legal alien
- 60 years of age or older
- Not covered by any comparable government or private home- and community-based care services
- Not residing in an institution, such as an intermediate care facility (ICF), skilled nursing facility (SNF), adult residential care (ARCH), hospital, foster family
- Impairment of two or more ADL or IADL, or significantly reduced mental capacity
- Unmet need in performing an ADL or IADL

## Activities of Daily Living (ADL)

Basic activities include eating, bathing, dressing, transferring from bed to chair, controlling bowel & bladder, and moving about the house safely on their own.

## Instrumental Activities of Daily Living (IADL)

Basic activities include preparing meals, shopping for food & personal items, taking medications, managing money, using phones, doing housework, and using public transportation.

## Does the program accept voluntary contributions?

Yes, your voluntary contributions are welcomed. They go back into the program that has served you, enabling other eligible adults to receive this service.



For information on services for  
Hawaii's frail elders, call the Area  
Agency on Aging nearest you:

**Elderly Affairs Division (Oahu)**

City & County of Honolulu  
(808) 523-4545

**Hawaii County Office of Aging**

Hilo  
(808) 961-8600  
Kona  
(808) 327-3597

**Kauai Agency on Elderly Affairs**

(808) 241-4470

**Maui County Office on Aging**

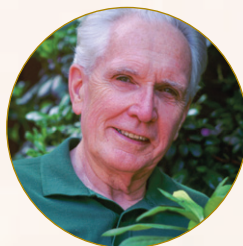
(808) 270-7774  
Lahaina, Maui  
(808) 661-2387

**Molokai**

(808) 533-5241

**Lanai**

(808) 565-7114



**Executive Office on Aging  
No. 1 Capitol District Building**

250 S. Hotel Street, Suite 406  
Honolulu, HI 96813  
(808) 586-0100

Website:

<http://www4.hawaii.gov/eoa/>

Email:

[eoah@doh.hawaii.gov](mailto:eoah@doh.hawaii.gov)



# KUPUNA CARE

We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion, or disability. Write or call our Affirmative Action Officer at Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4616 (voice) within 180 days of a problem.



**Linda Lingle**, Governor

**Chiyome Leinaala Fukino**, M.D. Director,  
Hawaii State Department of Health

# KUPUNA CARE

**Hawaii's Home and  
Community Based Program  
for Long Term Care**



July 1, 2005 - June 30, 2007